

# NEW IN CAMDEN



A beautiful new store crammed with herbal & organic goodies for skin and body, from exclusive organic brands like Ruby Red to Trilogy, Essential Care, Circaroma, Long Barn and more... including our house-blended teas and aromatic waters: everything you need to keep YOU and your family happy, healthy and well... naturally.

**MASSAGE**  
**AROMATHERAPY**  
**HERBAL MEDICINE**  
**ACUPUNCTURE**  
**HYPNOTHERAPY**  
**BOWEN TECHNIQUE**  
**REFLEXOLOGY**  
**LYMPHATIC DRAINAGE**  
**HOMOEOPATHY**  
**EASTERN FACIAL MASSAGE**  
**POLARITY THERAPY**  
**LaSTONE THERAPY**  
**REIKI, ROLFING**  
**& MORE**

*...all in the airy,  
comfortable rooms of  
our complementary  
therapies clinic...*

**FREE!**

Enjoy one of our  
house-blended teas on  
the house... pop in for  
your free sample.

# LEMON BALM

76 Parkway, Camden NW1

020 7267 3334

[info@lemonbalmonline](mailto:info@lemonbalmonline) or [www.lemonbalmonline.com](http://www.lemonbalmonline.com)

ps: We're perfect for presents, too... gifts and certificates for birthdays, leaving dos & baby showers - all tied with a bow, and hand-delivered in central Camden...

# LEMON BALM TREATMENT LIST

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## HERBAL MEDICINE

**Paula Grainger**

Practicing Tuesday & Wednesday 10-7,  
and Thursdays 11-2

- First consultation (1 hour) £45
- Follow-up consultations (half hour) £35

## MASSAGE

**Caroline Dapré**

Practicing Thursday 3-7, Sunday 12-4

- Deep Tissue, Therapeutic, Pregnancy, Reiki
  - Half hour £30
  - One hour £50
  - One and a half hours £75
- Lymphatic Drainage
  - One and a half hours £75
- Indian Head Massage £25

**Shirley Zerf**

Practicing Saturdays 10-6

Therapeutic Massage

- One Hour £50
- Half Hour £30

## EASTERN FACIAL MASSAGE

**Susan Leverick**

Practicing Thursdays 10-2

- Half hour £35
- One hour £60
- 6x1 hour treatments £300

## HOLISTIC BODYWORK

**Vya Freeman**

Practicing Tuesdays 10-2, Wednesdays 10-2

- Polarity Therapy
  - 60 mins £60
  - 90 mins £90
- Hot Stone Massage
  - 60 mins £80
- LaStone Hot & Cold Stone Massage
  - 90 mins £105
- Deep Tissue, Holistic Massage, Lymphatic Drainage
  - 30 mins £30
  - 60 mins £60
  - 90 mins £85
- Bowen Technique
  - 60 mins (donation)

## REFLEXOLOGY

**Susan Leverick**

Practicing Thursdays 10-2

- One hour £50

## ACUPUNCTURE

**Conny Duxbury**

Practicing Tuesdays 3-7

- One hour £45

## HOMOEOPATHY

**Nick Hughes**

Practicing Mondays 3-7

- One hour £50
- One hour for those on low income £40

## KINESIOLOGY

**Tessa Gaynn**

Practicing Saturdays 2-6

- One hour treatment £60
- Half hour children's treatment £30

## HYPNOTHERAPY & NLP

**Lesley Waddell**

Practicing Thursdays 2-7

- 75 minute consultation £75
- Two hour consultation £150

## AROMATHERAPY

**Angela Allen**

Practicing Fridays 3-7

- Deep Tissue Massage
  - 30/60/90 minutes £30/50/70
- Aromatherapy facial
  - 45-60 minutes £45

## ASTROLOGY

**Nick Hughes**

Practicing Mondays 2-7

- Consultation, one hour £60
- Consultation for those on low income £50

## ROLFING THERAPY

**Samuel Serrelli**

Practicing Mondays & Fridays 3-7

- Consultation, 60-90 mins £70



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